IMPORTANT MEDICAL INFORMATION

Parents of ALL pupils (day and boarding) must complete the enclosed Confidential Medical Information Form, including the Medical Declaration form, and return it to the Admissions Office together with the other Admissions paperwork. It is extremely important that the Confidential Medical Information form is received before your child starts at the Royal Hospital School. To assist us with our administration, please ensure this reaches us by 1 August 2017.

Health Centre
The School has a fully equipped Health Centre, and a qualified nurse is on duty within the building at all times. The School Doctor is a local General Practitioner (GP); he holds regular surgeries in the School Health Centre and a female doctor also attends regularly. Children requiring visits to the local hospital are escorted at all times by an adult. The School offers a range of medical, physiotherapy, counselling and advisory services, some of which do not require specific parental approval.

Medical Declarations
Parents of all pupils must complete the Medical Declaration. Parents should disclose any mental health/CAMHS issues in advance of admission and must inform the Health Centre and the child’s Housemaster or Housemistress in writing if their child develops any known medical condition, physical or psychiatric problems or allergy, or will be unable to take part in games or sporting activities. Parents should notify the Health Centre immediately if their child has been in contact with any infectious diseases. Similarly the Health Centre should be notified if a child has an operation, accident, severe illness, inoculation or special treatment during the holidays. Further details regarding Health and Medical Matters can be found in the Royal Hospital School Terms and Conditions.

Registration with Doctor (GP)
All full boarding pupils are registered with the School Doctor. Should a full boarder require the services of a family doctor during a holiday period, you should tell the doctor that your child is a ‘temporary resident’ at home and give particulars of the School Doctor, namely:

Doctor S Dineen MB BS
The Health Centre
Royal Hospital School
IPSWICH, IP9 2RU

If the procedure above is not followed, the doctor at home will register the child in that practice and all the documents will be recalled from the Royal Hospital School. Consequently, the School Health Centre would not have your child’s medical records should any treatment be required in term-time. This system is the correct way to deal with children at boarding school and is accepted by all doctors who work in the National Health Service.

All other pupils, with the exception of full boarders, remain registered with their own GPs, but in case of illness are cared for in the Health Centre. Weekly and occasional boarders may see the School Doctor in an emergency, as a temporary resident. Day pupils who become unwell during the school day should be collected by their parents, as advised by Health Centre staff.

Day Pupils
Day pupils who are not able to play sport should bring a cover note into school, written by a parent or guardian, and hand it to their Housemaster or Housemistress. They should also register at the Health Centre.
for ‘on card’ (off games) before 11.00 and then report to the Library during the games session. Medication which day pupils bring into school should be given to the relevant House Matron who will dispense it. Parents or guardians are required to provide prior written consent to enable Health Centre staff, House Matrons or other House staff to administer ‘over the counter’ medicines and remedies such as paracetamol.

**Infectious Diseases**
Your child should not return to school with a sore throat, heavy cold, vomiting, diarrhoea or any infectious disease. Pupils found to be suffering from infectious diseases on their arrival at the school are likely to be sent home. If infectious illness breaks out at home after your child has returned to school, the Health Centre should be notified immediately if there is a possibility of your child having been infected.

**Medicines**
It is School policy that pupils do not retain their own medicines unless approved by the School Doctor. Therefore, all medicines acquired or prescribed at home should be shown to the House Matron on return from school holidays so that these can be checked. The School will not administer unlicensed medicines, for example herbal, homeopathic, or Chinese medicines. Any medicines prescribed outside of the UK must have a clear translation in English (including what the medicine is, what it is used for, dosage and how often it needs to be taken), an expiry date and be in the original packaging.

**Travel Vaccinations**
If you require your son/daughter to receive travel vaccinations, the Health centre staff would appreciate early notification in order to have sufficient time to order vaccines and carry out the vaccination programme. Anti-malaria tablets are no longer available through the National Health Service and will incur a cost, whether obtained from a chemist or the GP. If the pupil is required to start or finish a course of anti-malaria tablets during the school term, please arrange for these to be given to the House Matron. If parents organise vaccinations independently, the Sister should be informed so that a record of these vaccinations is noted in the pupil’s medical records.

**Medication for Travel Sickness**
This is no longer prescribed by GPs. Should your child suffer from travel sickness please ensure that they return to school with a supply of over-the-counter medication for school trips, to be held by House Matron.

**Glasses and Contact Lenses**
If your child has to wear glasses, or is subsequently found to require them, it is important that two pairs should be available at school. Repairs to glasses belonging to children over 16 now have to be paid for. It is necessary to know if contact lenses are worn, so that it is entered on medical records in case of an accident.

**Hospital Appointments**
It may occasionally be necessary for a pupil to be given appointments at the local hospital or further afield. Wherever possible, school transport will be used for this purpose at no cost to parents. However, when transport is not available and when pupils are required to attend for regular or private treatment, taxis will be used. The cost of these will be passed on to parents in termly bills. Where possible, parents will be informed beforehand.

**Hospital letters**
Whilst a child is a pupil at the Royal Hospital School there may be occasions when appointment letters or other medical documents, addressed to a pupil and marked ‘Private and Confidential’, are opened by the Health Centre Sister. Please inform the Health Centre Sister if you are not happy for this to take place.
Prescriptions
Any pupil over the age of 18 must pay for prescriptions unless an exemption certificate is provided.

Physiotherapist
Occasionally, the School Doctor or Sister may need to refer pupils to the physiotherapist who visits the School regularly. The cost of each 30-minute session is available on request.

Counsellor
An experienced counsellor visits the School regularly and occasionally pupils may ask for an appointment or are referred by Health Centre staff. The cost of each hourly session is £40.00.

Contacts
The School Doctor (Dr S Dineen) and Health Centre Manager (Deborah Sweeney) welcome any queries from parents regarding their child’s health and can be contacted on 01473 326230 or dsweeney@royalhospitalschool.org

Dental Surgery
The School has its own modern, fully staffed Dental Surgery within the Health Centre, offering a high standard of dental care by Mr David Buchanan, BDS, LCS, RCS, Eng 1985. GDC Number 55492, and Miss Karen Vale RDN AlnstLM GDC Number 123587.

A wide range of dental care, including orthodontics, is available to both day pupils and boarders, unless they have made alternative arrangements. Great emphasis is placed upon preventative dentistry, and dental inspections are provided to ensure early diagnosis of problems. Most routine orthodontic work can also be carried out but we may seek the advice of the local hospital orthodontic consultant for the very complex cases. General preventative treatment is carried out under the National Health Service and orthodontic treatment can be offered under the National Health Service providing your child meets their criteria for orthodontic treatment. Private treatment and Denplan Schemes are also available on request.

Parents of pupils who do not register with the School Dentist are asked to consent to the treatment of dental emergencies for their child.

Mouthguards
The School dentist can supply a custom-made mouthguard for a fee of £60.00. Payment can be made by debit/credit card, cheque or cash although overseas pupils can arrange for the fee to be added to the end of term bill. The surgery will be open by arrangement during the summer holidays for pupils who would like their mouthguard fitted and ready for the beginning of the new term.

Registering with the Dental Surgery
If you would like more information on how to register your child with the Dental Surgery, to order a mouthguard or to discuss your child’s specific needs, please contact Karen on 01473 326231 or karen@rhsdentist.co.uk